
Sanderling House



Deltaville, Virginia

Virginia Green Lodging is the Virginia Department of Environmental Quality's (DEQ) initiative to promote pollution prevention (P2) practices in the tourism and hospitality industry. *Green Lodging* encourages hotels, resorts, and other hospitality operations to be aware of their impact on the environment and to take steps to reduce these impacts. *Green Lodging* is a non-regulatory program, and participation is completely voluntary and free of charge.

Sanderling House

Sanderling House Bed and Breakfast and Walter's Marina are located in Deltaville, just minutes from the Chesapeake Bay. Sanderling House was built in 1970 in contemporary colonial design and offers three guest rooms and a cottage. Sanderling House is committed to environmental excellence and works to minimize environmental impacts whenever possible.



Green Lodging Activities. When visiting Sanderling House, you can expect the following practices:

CORE ACTIVITIES for Green Lodging

- ☒ **Optional Linen Service.** Sheets and towels are not automatically changed every day during your stay.
 - Train house cleaners on process of optional linen service
 - Purchase water efficient washers and dryers
 - Use non-phosphate, non-toxic, biodegradable laundry detergents
 - Minimize the use of bleach and chlorinated chemicals
 - Use linen service providers that employ "wet" versus "dry" cleaning
- ☒ **Recycling and Waste Reduction.** Green Lodging Facilities must provide recycling. Recycling should be highly visible and made available to guests with clear signage. A general commitment to reducing total amount of waste should be made.
 - Recycle: Glass, Aluminum Cans, Steel Cans, Plastic, Grease, Office Paper, Toner Cartridges, Newspaper, Cardboard, Packing Supplies, Fluorescent Lamps, Batteries, Electronics Equipment, Paint, Tires
 - Compost excess food wastes
 - Track overall waste bills
 - Fill bulk soap dispensers and reusable shampoo bottles
 - Instruct housekeeping to save and reuse unopened items
 - Eliminate use of Styrofoam
 - Use dishware and glassware to minimize use of disposables
 - Disposable containers made of bio-based, recycled content, compostable material
 - Use non-bleached napkins and coffee filters
 - Provide condiments, cream and sugar in bulk
 - Refill water pitchers to minimize single use bottles
 - Donate excess food from events

- Implement effective food inventory system to minimize waste
- Purchase locally grown, organic and sustainable-grown produce and other foods
- Filter grease
- Purchase recycled-content paper-towels and toilet tissue
- Encourage suppliers to minimize packaging and other waste materials
- Purchase from vendors and service providers with a commitment to the environment
- Use two-sided copying and printing and electronic correspondence and forms
- Use “green” cleaners that are dispensed in bulk
- High efficiency hand dryers
- Use latex paint and reuse paint thinners
- Use preventative maintenance on all appliances, HVAC systems, plumbing, and vehicles
- Effective inventory system and labeling of last-in/first-out
- Minimize use of pesticides and herbicides and use integrated pest management
- Use old china as decorations

☒ **Water Conservation.** The facility must have a plan for conserving water that should consider plumbing modifications and landscaping.

- Track overall water usage and wastewater
- Preventative maintenance of drips and leaks and water flow metering
- High efficiency dishwashers
- Use dry clean up methods over water-based methods
- Low flow toilets and restrictors on faucets and showerheads
- Effective landscape management plan
- Green roof development, cisterns and drip line irrigation, and rain barrels
- Effective storm water management plan
- Minimization of impervious areas
- Vegetative buffers around streams and ponds

☒ **Energy Conservation.** The facility must have a plan in place that encourages replacement of lighting and equipment to energy-efficient alternatives.

- Track overall energy bills and set a numeric goal to reduce
- Consider the pollution factor by using a pollution calculator
- Use high efficiency compact fluorescent light bulbs in rooms and spotlights
- Use high efficiency fluorescent ballasts and lamps
- Have High Efficiency Heating & Air Conditioning and use ceiling fans
- Use natural lighting, solar panels, and lighting sensors
- Purchase EnergyStar computers and appliances
- Thermal rated windows and insulation
- Use directional lighting in parking lots and walkways
- Design and operation of buildings that are “LEED” certified
- Purchase of “Green Tags” or “Renewable Energy Certificates”
- Purchase of fuel-efficient vehicles

☒ **Green Events Package.** The facility must offer a “green” or “environmentally-friendly” package for conferences, meetings and other events. Even if the facility only offers occasional, small events, at least recycling will be provided.

For more information on **Sanderling House**, see www.sanderlinghouse.com or contact Jill Walter at jill@sanderlinghouse.com.

For more information on **Virginia Green Lodging** program, see www.deq.virginia.gov/p2/lodging.



Virginia Green Lodging program is a supporting partner of **Virginia Green**, the Commonwealth’s campaign to encourage environmentally-friendly practices is all aspects of Virginia’s tourism industry. Virginia Green is supported through a partnership between the Virginia Department of Environmental Quality, the Virginia Hospitality & Travel Association, and the Virginia Tourism Corporation.

